

Gym Membership/Exercise Class Form

- You can claim benefits towards gym memberships or exercise classes if your policy includes benefits for Health Maintenance services
- The gym membership/exercise classes must be recommended by a health care professional, such as your GP, to manage a specific health condition(s) and must be conducted by a personal trainer
Note: Exercise based therapies such as Yoga, Pilates and Tai Chi are not covered

What you need to do:

1. Complete this form
2. Have your health provider complete all fields, as required
3. Submit this form by email at frank@frankhealthinsurance.com.au
4. Paid invoice(s) must be supplied at the time of claim.
Benefits will not be paid for services provided before the date noted on this form.

TO BE COMPLETED BY THE PATIENT	First name
Who is this claim for?	
Member number	Last name

TO BE COMPLETED BY THE RECOMMENDING HEALTH CARE PROVIDER

Health provider name Provider number

Speciality

Address

Suburb State Postcode

Provider phone number

What are these memberships or classes aimed to manage?

Arthritis	Asthma	Body mass index (BMI) over 26 for adult or unhealthy for children
Diabetes	High blood pressure	Muscular skeletal disorder
Pregnancy	Other - please detail below	

I recommend this patient completes the program over;

weeks/ months

Note: A new form will need to be completed in one year, this recommendation is only valid for 12 months

I confirm that this patient is under my care, and as part of their treatment I recommend the above program.
I declare that the benefit sought by the member is intended to manage a specific health condition(s) that I have identified and that all of the information contained in this form is true and correct.

Health provider's signature Date